**Outpatient Home Isolation Duration with COVID-19**

This document addresses management of outpatients presenting with respiratory symptoms which may be consistent with COVID-19. Not all of these patients will need testing and guidance is provided for both those that are tested and those who have presumed COVID-19 disease. We currently recommend all those with laboratory confirmed or clinically presumed COVID-19 infection isolate at home for at least 10 days AND at least 5 days after symptoms subside (whichever is longer). The minimum duration of isolation at home would be at least 7 days after symptom onset and at least 3 days (72 hours) after symptoms subside. Subsidence of symptoms defined as: fever resolved without fever-reducing medications and improvement in respiratory symptoms such as cough and/or shortness of breath

Immunologically Normal:

1. Negative test – self-isolate for at least 3 days (72 hours) after symptoms subside unless another etiology defined (influenza, etc.). If another etiology defined follow protocol for that pathogen
2. Positive test – self-isolate for at least 10 days AND at least 5 days after symptoms subside
3. No test - self-isolate for at least 10 days AND at least 5 days after symptoms subside unless another etiology defined (influenza, etc.). If another etiology defined follow protocol for that pathogen.

Immunosuppressed: Active cancer, bone marrow transplant, organ transplant, poorly controlled HIV, steroids >20mg per day for >2 weeks.

1. Negative test – self-isolate for at least 3 days (72 hours) after symptoms subside unless another etiology defined (influenza, etc.). If another etiology defined follow protocol for that pathogen
2. Positive test – self-isolate for at least 14 days AND at least 7 days after symptoms. Repeat testing to determine clearance should be considered at 14 days if available.
3. No test - self-isolate for at least 14 days AND at least 7 days after symptoms subside unless another etiology defined (influenza, etc.). If another etiology defined follow protocol for that pathogen.

Healthcare workers: All return to work decision must be made in consultation with employee health.

1. Negative test – self-isolate for at least 24 hours after symptoms subside unless another etiology defined (influenza, etc.). If another etiology defined follow protocol for that pathogen.
2. Positive test – self-isolate for at least 14 days AND symptoms subside.
3. No test - self-isolate for at least 10 days AND at least 5 days after symptoms subside unless another etiology defined (influenza, etc.). If another etiology defined follow protocol for that pathogen.