PROJECT FIRSTLINE
CDC'S National Training Collaborative
for Healthcare Infection Prevention & Control

ICAP
Infection Control Assessment
and Promotion Program

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LOCAL HEALTH DEPARTMENT TRAIN THE TRAINER FOR LONG TERM CARE

KEY TAKEAWAYS AND RESOURCE LIST

WEEK 2:

CONTAINMENT OF COVID-19 IN THE LONG-TERM CARE SETTING

Key Takeaways:

- Once a LTCF identifies a positive case, they should notify LHD, licensure and leadership to begin the process of activating their incident command system.
- Contact tracing within the facility should be done based on date of positive test or symptom onset. This can get complicated quickly.
- Facility should then be zoned appropriately, and residents potentially moved into the correct zones with assistance from LHD or ICAP team.
- Red Zone: Covid-19 Confirmed positive residents (Dark Red: Tested positive, Light Red: Symptomatic).
- Yellow Zone: Asymptomatic residents that have been confirmed exposed.
- Green Zone: Asymptomatic residents that have had no COVID-19 exposure.
- Ideally staff should be dedicated to a certain zone; if this is not possible, they should group their work duties in zones and change PPE before moving to the next zone.
- Isolation and quarantine for both residents and staff should follow CDC guidance.
- Crisis staffing measures can take place within a facility if they are short staffed but must be communicated to LHD and licensure before happening.
- Residents may be transferred out of the facility if it is not equipped to manage them, but this should be discussed with LHD and ICAP to ensure safety of everyone involved.

Resource List:

1. Actions Taken Upon Identification of a COVID-19 Positive Case document: https://icap.nebraskamed.com/wp-content/uploads/sites/2/2020/04/Actions-needed-to-be-taken-upon-identification-of-a-COVID-19-case.pdf
2. Cohorting Plan for LTCF Document: https://icap.nebraskamed.com/wp-content/uploads/sites/2/2020/04/Cohorting-Plan-for-LTCF-4.16.20.pdf
3. CDC Isolation and Quarantine Definitions: https://www.cdc.gov/quarantine/index.html
4. CDC Discontinuation of Isolation Guidance for residents: https://www.cdc.gov/coronavirus/2019-ncov/hcp/disposition-hospitalized-patients.html
5. CDC Discontinuation of Isolation Guidance for HCW: https://www.cdc.gov/coronavirus/2019-ncov/hcp/return-to-work.html?CDC_AA_refVal=https%3A%2F%2Fwww.cdc.gov%2Fcoronavirus%2F2019-ncov%2Fhealthcare-facilities%2Fhcp-return-work.html
6. CDC Risk Assessment Guidance for HCW: https://www.cdc.gov/coronavirus/2019-ncov/hcp/guidance-risk-assesment-hcp.html
7. CDC Mitigating Staffing Shortages Guidance: https://www.cdc.gov/coronavirus/2019-ncov/hcp/mitigating-staff-shortages.html
8. CDC Nursing Home Testing Algorithm: https://www.cdc.gov/coronavirus/2019-ncov/downloads/hcp/nursing-home-testing-algorithm-508.pdf
9. Leading Age NE Transfer Assessment Flow Chart: https://leadingagene.org