

## **ICAP Suggested Plan for Managing New Admissions, Readmissions and Return from Community Outings**

### **Definitions:**

#### Fully COVID vaccinated resident:

- ≥2 weeks following receipt of the second dose in a 2-dose series
- ≥2 weeks following receipt of one dose of a single-dose vaccine

#### Unvaccinated resident:

- Has not received any COVID vaccination.

#### Partially vaccinated resident:

- Less than 2 weeks following receipt of the second dose in a 2-dose series
- Less than following receipt of one dose of a single-dose vaccine

### **Suggested Plan for Partially or Unvaccinated Residents:**

- Screen for symptoms and exposure upon admission.
  - If symptoms identified - need to admit in light red (isolation in private room but not in COVID-unit unless COVID confirmed)
  - If exposure identified will need to establish yellow zone for admission
- Unvaccinated or Partially vaccinated Residents after passing the screen:
  - Admit to the Gray Zone
  - Follow usual gray zone protocols

### **Suggested Plan for Fully Vaccinated Residents:**

- Screen for symptoms and exposure upon admission.
  - If symptoms identified - need to admit in light red (isolation in private room but not in COVID-unit unless COVID confirmed)
  - If exposure identified will need to establish yellow zone for admission
- Fully Vaccinated Residents after passing the screen:
  - Admit to their own room or green zone for new admissions
  - Test twice weekly for the next 14 days (Testing would not apply in cases of COVID-19 recovered patients during the 90 period unless symptomatic with no alternative diagnosis).

- Increase monitoring (2-3 times per day) for signs and symptoms of COVID-19, including vital signs and pulse oximetry
- Facilities should consider encouraging **fully vaccinated residents** to avoid high risk situations as much as possible when they go out in the community.
  - These high-risk situations include but not limited to:
    - Meeting unvaccinated individuals
    - Joining large gatherings,
    - Mask-less exposures in community/public (e.g., dining in restaurants)
    - Attending crowded gatherings (as maintaining physical distancing will be challenging in that scenario)
- General education on hand hygiene and physical distancing should be provided to both residents and family members along with above mentioned guidance.

### Duration of Gray Zone Quarantine

- Duration of quarantine in gray zone remains to be 14 days as this is the preferred duration for quarantine as per the CDC.
  - In general, LTCF should use full 14 days quarantine in gray zones and consider testing at 14 day before discontinuing isolation
- However, LTCF with more than 70% resident vaccination rate in green counties may choose to use the CDC reduced quarantine duration of 10 or 7 days.
  - However, ICAP recommends continuing to test twice weekly for 14 days when shorten quarantine duration is used.
- Gray zone quarantine may not be required in those Local health department jurisdiction/ counties where no cases are identified for 2 weeks. However still do the following:
  - Test twice weekly for the next 14 days (Testing would not apply in cases of COVID-19 recovered patients during the 90 period unless symptomatic with no alternative diagnosis).
  - Increase monitoring (2-3 times per day) for signs and symptoms of COVID-19, including vital signs and pulse oximetry

### References:

Centers for Disease Control and Prevention (CDC). Updated healthcare infection prevention and control recommendations in response to COVID-19 Vaccination. (2021, March 10). Retrieved March 11, 2021, from <https://www.cdc.gov/coronavirus/2019-ncov/hcp/infection-control-after-vaccination.html>