ICAP Suggested Plan for Managing New Admissions, Readmissions and Return from Community Outings

Definitions:

Fully COVID vaccinated resident:
- ≥2 weeks following receipt of the second dose in a 2-dose series
- ≥2 weeks following receipt of one dose of a single-dose vaccine

Unvaccinated resident:
- Has not received any COVID vaccination.

Partially vaccinated resident:
- Less than 2 weeks following receipt of the second dose in a 2-dose series
- Less than 2 weeks following receipt of one dose of a single-dose vaccine

Admission/Readmission/Return Plan for Fully Vaccinated Residents:

- Screen for symptoms and exposure upon admission.
  - If symptoms identified - need to isolate resident in private room (light red zone). Do not admit in COVID-unit (red zone) unless COVID confirmed.
  - If exposure identified will need to establish yellow zone for admission and quarantine in a private room.
- After passing the screen (i.e. no symptoms and no exposure identified):
  - Admit to green zone
  - Test twice weekly for the next 14 days (Testing would not apply in cases of COVID-19 recovered patients during the 90 period unless symptomatic with no alternative diagnosis).
  - Increase monitoring (2-3 times per day) for signs and symptoms of COVID-19, including vital signs and pulse oximetry

Admission/Readmission/Return Plan for Unvaccinated or Partially Vaccinated Residents:

- Screen for symptoms and exposure upon admission.
  - If symptoms identified - need to isolate resident in private room (light red zone). Do not admit in COVID-unit (red zone) unless COVID confirmed.
  - If exposure identified will need to establish yellow zone for admission and quarantine in a private room.
- After passing the screen (i.e. no symptoms and no exposure identified):
  - Admit to the Gray Zone
  - Follow usual gray zone protocols
Duration of Gray Zone Quarantine

• Duration of quarantine in gray zone remains to be 14 days as this is the preferred duration for quarantine as per the CDC. In general (especially if LTCF is located in yellow or red counties OR if located in green counties with resident vaccination rate <70% in the facility):
  o Quarantine residents for 14 days in gray zones
  o Consider testing for COVID-19 before discontinuing isolation

• **LTCF with >70% resident vaccination rate in green counties:**
  o May use the [CDC reduced quarantine duration of 10 or 7 days](https://www.cdc.gov/coronavirus/2019-ncov/daily-life-and-work/quarantine.html) for gray zones
  o Continue to test twice weekly for 14 days when shortened quarantine duration of 7 or 10 days is used. (Testing would not apply in cases of COVID-19 recovered patients during the 90 period unless symptomatic with no alternative diagnosis).
  o Continue monitoring (2-3 times per day) for signs and symptoms of COVID-19 (including vital signs and pulse oximetry) for entire 14 days even when quarantine duration is shortened to 7 or 10 days.

• **LTCF in those Local health department jurisdiction or counties where no cases are identified for 2 weeks:**
  o Quarantine in gray zones may not be needed.
  o Test twice weekly for the next 14 days (Testing would not apply in cases of COVID-19 recovered patients during the 90 period unless symptomatic with no alternative diagnosis).
  o Increase monitoring (2-3 times per day) for signs and symptoms of COVID-19, including vital signs and pulse oximetry

**Education to the residents and families** before going out for community outing:

• Facilities should consider encouraging **fully vaccinated residents** to avoid high risk situations as much as possible when they go out in the community.
  o These high-risk situations include but not limited to:
    • Meeting unvaccinated individuals
    • Joining large gatherings (e.g. going to a game)
    • Mask-less exposures in community/public (e.g., dining in restaurants)
    • Attending crowded gatherings (as maintaining physical distancing will be challenging in that scenario)

• General education on infection prevention and control measures including masking, hand hygiene and physical distancing should be provided to both residents and family members along with above mentioned guidance.
References:
