

Contact Nebraska ICAP at nebraskaicap@nebraskamed.com or at 402.552.2881

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**LOCAL HEALTH
DEPARTMENT
TRAIN THE
TRAINER FOR
LONG TERM
CARE**

**KEY TAKEAWAYS
AND RESOURCE
LIST**

**WEEK 45:
COVID-19
ENVIRONMENTAL
CLEANING AND
DISINFECTION IN
THE LONG-TERM
CARE SETTING**

Key Takeaways:

- Environmental cleaning and disinfection is an important part of the infection control puzzle in preventing transmission of disease.
- Cleaning is removing debris, dust and potentially infectious material from a surface.
- Disinfection is destroying most microorganisms on a surface.
- Cleaning must happen before disinfection for disinfection to be effective.
- Disinfectant must remain wet on the surface for the manufacturer's recommended wet time to disinfect the surface successfully.
- If immersion method is used, cleaning rags should only be used on one surface, one time. Reuse can cause cross contamination.
- EPA has assessed products effective against SARS-CoV-2. List N is a database that anyone can use to determine if their cleaning products are appropriate for COVID-19 use.
- Occupational exposure should be risk assessed to determine PPE use and type of training before staff begin their cleaning duties.
- Transitioning from COVID-19 Red or Yellow zones back into a Green zone (terminal cleaning) should be done systematically, with the use of a checklist.

Resource List:

1. CDC EVS Training Game: https://www.cdc.gov/infectioncontrol/training/EVS-Battle-Infection/story_html5.html
2. CDC General Cleaning and Disinfection guidelines: <https://www.cdc.gov/infectioncontrol/guidelines/disinfection/cleaning.htm>
3. EPA List N: <https://www.epa.gov/pesticide-registration/list-n-disinfectants-coronavirus-covid-19>
4. CDC Disinfection recommendations: https://www.cdc.gov/infectioncontrol/guidelines/disinfection/index.html#anchor_1555614624
5. Example of Terminal Cleaning Checklist: <https://cha.com/wp-content/uploads/2018/05/Environmental-Services-Cleaning-Guidebook-MHA.pdf>