

ICAP Suggested Plan for Managing New Admissions, Readmissions and Return from Community Outings

Definitions:

Fully COVID vaccinated resident:

- ≥2 weeks following receipt of the second dose in a 2-dose series
- ≥2 weeks following receipt of one dose of a single-dose vaccine

Unvaccinated resident:

- Has not received any COVID vaccination.

Partially vaccinated resident:

- Less than 2 weeks following receipt of the second dose in a 2-dose series
- Less than following receipt of one dose of a single-dose vaccine

Suggested Plan for Fully Vaccinated Residents:

- Screen for symptoms and exposure upon admission.
 - If symptoms identified - need to admit in light red (isolation in private room but not in COVID-unit unless COVID confirmed)
 - If exposure (prolonged close contact within 6 feet for cumulative total of 15 minutes or more over 24 hour period) is identified with someone with SARS-CoV-2 infection in the prior 14 days then will need to establish yellow zone for admission
- Fully Vaccinated Residents after passing the screen:
 - Admit to their own room or **green zone** for new admissions
 - Test twice weekly for the next 14 days for residents determined to have a **high-risk outing** (Testing would not apply in cases of COVID-19 recovered patients during the 90 period unless symptomatic with no alternative diagnosis).
 - **These high-risk outings include but not limited to:**
 - *Meeting unvaccinated individuals who are not masked and physical distancing not maintained*
 - *Mask-less exposures in community/public (e.g., dining in restaurants)*
 - *Visiting crowded places (e.g., indoor gathering where physical distancing cannot be maintained)*
 - *Attending large gathering (e.g. parties, weddings, funerals, sports events, etc.)*
 - Increase monitoring (2-3 times per day) for signs and symptoms of COVID-19, including temperature and pulse oximetry
- Staff should consider encouraging **fully vaccinated residents** to avoid high risk situations as much as possible when they go out in the community.

- General education on hand hygiene and physical distancing should be provided to both residents and family members along with above mentioned guidance.

Suggested Plan for Partially or Unvaccinated Residents:

- Screen for symptoms and exposure upon admission.
 - If symptoms identified - need to admit in light red (isolation in private room but not in COVID-unit unless COVID confirmed)
 - If exposure identified will need to establish yellow zone for admission
- Unvaccinated or Partially vaccinated Residents after passing the screen:
 - Admit to the Gray Zone
 - Follow usual gray zone protocols

Duration of Gray Zone Quarantine

- Duration of quarantine in gray zone remains to be 14 days as this is the preferred duration for quarantine as per the CDC.
 - In general, LTCF should use full 14 days quarantine in gray zones and consider testing at 14 day before discontinuing isolation
- However, LTCF with more than 70% resident vaccination rate in green counties may choose to use the CDC reduced quarantine duration of 10 or 7 days.
 - However, ICAP recommends continuing to test twice weekly for 14 days when shorten quarantine duration is used.
- Gray zone quarantine may not be required in those Local health department jurisdiction/ counties where no cases are identified for 2 weeks. However still do the following:
 - Test twice weekly for the next 14 days (Testing would not apply in cases of COVID-19 recovered patients during the 90 period unless symptomatic with no alternative diagnosis).
 - Increase monitoring (2-3 times per day) for signs and symptoms of COVID-19, including vital signs and pulse oximetry

References:

Centers for Disease Control and Prevention (CDC). Updated healthcare infection prevention and control recommendations in response to COVID-19 Vaccination. (2021, April 27). Retrieved May 26, 2021, from <https://www.cdc.gov/coronavirus/2019-ncov/hcp/infection-control-after-vaccination.html>