

## ICAP Suggested Plan for Managing New Admissions, Readmissions and Return from Community Outings

### Suggested Plan for Residents with **Up-to-Date**<sup>1</sup> Vaccine Status:

- Screen for symptoms, if symptoms identified:
  - Use [light red zone protocol](#)
  - Test and if antigen is negative, obtain confirmation PCR
- Screen for exposure, if exposure identified:
  - If exposed (prolonged close contact within 6 feet for a cumulative 15 minutes or more over a 24-hour period) to a person with SARS-CoV-2 infection in the prior 7 days then use [modified yellow zone protocol](#)<sup>3</sup>.
  - Start on a testing plan for 7 days<sup>3,4</sup>.
- If no known exposure or symptoms, but high risk scenario is identified on [Risk Assessment](#)
  - Use [green zone protocol](#)<sup>5</sup>.
  - Start on a testing plan for 7 days<sup>3,4</sup>.
- If no known exposure or symptoms, but high risk scenario is not identified on [Risk Assessment](#)
  - Use green zone protocol
  - Testing plan may be deferred

### Suggested Plan for Residents with **NOT Up to Date**<sup>2</sup> Vaccine Status:

- Screen for symptoms, if symptoms identified:
  - Use [light red zone protocol](#)
  - Test and if antigen is negative, obtain confirmation PCR
- Screen for exposure, if exposure identified:
  - If exposed (prolonged close contact within 6 feet for a cumulative 15 minutes or more over a 24-hour period) to a person with SARS-CoV-2 infection in the prior 7 days then use [yellow zone protocol](#)<sup>3</sup>.
  - Start on a testing plan for 7 days<sup>3,4</sup>.
- If no known exposure or symptoms
  - Use [gray zone protocol](#) and start on a testing plan for 7 days<sup>3,4</sup>.
    - Facilities located in counties with low [community transmission](#) (blue) might elect to use a risk-based approach for determining which residents require gray zone protocol.

**Definitions:**

- <sup>1</sup> Up-to-Date Resident
  - Received all recommended COVID-19 doses in the primary series and at least one booster when eligible.
- <sup>2</sup> Not Up-to-Date Resident
  - Has not received any vaccine or is not up to date with all recommended COVID-19 doses.

<sup>3</sup> **Note:** In general, testing or quarantine is not necessary for asymptomatic people who have recovered from SARS-CoV-2 infection in the prior 90 days, regardless of exposure.

<sup>4</sup> **Note:** In general, testing plan should include test upon admission and twice weekly for 7 days. However, if someone returns on the same day, delay initial test for 24 hours.

<sup>5</sup>**Note:** Consider additional levels of precaution, examples include:

- Encourage masking.
- Maintain physical distancing.
- Avoid communal dining. If communal dining cannot be avoided, then maintain physical distancing in the dining area and only remove mask while eating.
- Increase monitoring for signs and symptoms of COVID-19.

**References:**

Centers for Disease Control and Prevention (CDC). Stay Up to Date with Your COVID-19 Vaccines.  
<https://www.cdc.gov/coronavirus/2019-ncov/vaccines/stay-up-to-date.html>

Centers for Disease Control and Prevention (CDC). COVID Data Tracker – COVID-19 Integrated County View  
[https://covid.cdc.gov/covid-data-tracker/#county-view?list\\_select\\_state=Nebraska&data-type=Risk](https://covid.cdc.gov/covid-data-tracker/#county-view?list_select_state=Nebraska&data-type=Risk)

Centers for Disease Control and Prevention (CDC). Interim Infection Prevention and Control Recommendations for Healthcare Personnel During the Coronavirus Disease 2019 (COVID-19) Pandemic  
<https://www.cdc.gov/coronavirus/2019-ncov/hcp/infection-control-recommendations.html>

Centers for Disease Control and Prevention (CDC). Interim Infection Prevention and Control Recommendations to Prevent SARS-CoV-2 Spread in Nursing Homes.  
<https://www.cdc.gov/coronavirus/2019-ncov/hcp/long-term-care.html>