

ICAP Suggested Plan for Managing New Admissions, Readmissions and Return from Community Outings

Suggested Plan for Residents with **Up-to-Date¹ Vaccine Status:**

- Screen for symptoms, if symptoms identified:
 - Use [light red zone protocol](#)
 - Test and if antigen is negative, obtain confirmation PCR
- Screen for exposure, if exposure identified:
 - If exposed (prolonged close contact within 6 feet for a cumulative 15 minutes or more over a 24-hour period) to a person with SARS-CoV-2 infection in the prior 7 days then use [modified yellow zone protocol](#)³.
 - Start on a testing plan for 7 days^{3,4}.
- If no known exposure or symptoms, but high risk scenario is identified on [COVID-19 Outing Risk Assessment](#)
 - Use [green zone protocol](#)⁵.
 - Start on a testing plan for 7 days^{3,4}.
- If no known exposure or symptoms, but high risk scenario is not identified on [COVID-19 Outing Risk Assessment](#)
 - Use green zone protocol
 - Testing plan may be deferred

Suggested Plan for Residents with **NOT Up to Date² Vaccine Status:**

- Screen for symptoms, if symptoms identified:
 - Use [light red zone protocol](#)
 - Test and if antigen is negative, obtain confirmation PCR
- Screen for exposure, if exposure identified:
 - If exposed (prolonged close contact within 6 feet for a cumulative 15 minutes or more over a 24-hour period) to a person with SARS-CoV-2 infection in the prior 7 days then use [yellow zone protocol](#)³.
 - Start on a testing plan for 7 days^{3,4}.
- If no known exposure or symptoms
 - Use [gray zone protocol](#) and start on a testing plan for 7 days^{3,4}.
 - Facilities located in counties with low [community transmission](#) (blue) might elect to use a risk-based approach for determining which residents require gray zone protocol.

Definitions:

- ¹ Up-to-Date Resident
 - Has received all doses in the primary series and all boosters recommended, when eligible
- ² Not Up-to-Date Resident
 - Has not received any vaccine or is not up to date with all recommended COVID-19 doses.

³ **Note:** In general, testing or quarantine is not necessary for asymptomatic people who have recovered from SARS-CoV-2 infection in the prior 90 days, regardless of exposure.

⁴ **Note:** In general, testing plan should include test upon admission and twice weekly for 7 days. However, if someone returns on the same day, delay initial test for 24 hours.

⁵ **Note:** Consider additional levels of precaution, examples include:

- Encourage masking.
- Maintain physical distancing.
- Avoid communal dining. If communal dining cannot be avoided, then maintain physical distancing in the dining area and only remove mask while eating.
- Increase monitoring for signs and symptoms of COVID-19.

References:

Centers for Disease Control and Prevention (CDC). Stay Up to Date with Your COVID-19 Vaccines.

<https://www.cdc.gov/coronavirus/2019-ncov/vaccines/stay-up-to-date.html>

Centers for Disease Control and Prevention (CDC). COVID Data Tracker – COVID-19 Integrated County View

https://covid.cdc.gov/covid-data-tracker/#county-view?list_select_state=Nebraska&data-type=Risk

Centers for Disease Control and Prevention (CDC). Interim Infection Prevention and Control Recommendations for Healthcare Personnel During the Coronavirus Disease 2019 (COVID-19) Pandemic

<https://www.cdc.gov/coronavirus/2019-ncov/hcp/infection-control-recommendations.html>

Centers for Disease Control and Prevention (CDC). Interim Infection Prevention and Control Recommendations to Prevent SARS-CoV-2 Spread in Nursing Homes.

<https://www.cdc.gov/coronavirus/2019-ncov/hcp/long-term-care.html>