

MDRO Prevention Training Toolkit

This guide is for the educator delivering MDRO prevention training to interdisciplinary staff teams in the long-term care setting.

Session Overview

- ❖ Length: 15 minutes
- ❖ Group size: limit group size to 10 or fewer participants, to allow for one-on-one coaching
- ❖ Delivery style: huddle-based or in-service format, conversational and supportive
- ❖ Core focuses: hand hygiene, PPE use, surface disinfection
- ❖ Applicable: to all staff roles

Before You Begin

- ❖ Gather supplies:
 - Sign-in sheet per facility training procedures
 - Alcohol-based hand sanitizer dispensers
 - Gowns and gloves
 - Disinfectant wipes or disinfectant(s) sample labels
 - Sample of contact isolation and enhanced barrier precaution signs
- ❖ Print copies (1 for each participant)
 - Participant handout [MDRO-Toolkit-Participant-Handout-1.pdf](#)
 - Knowledge competency (quiz) [MDRO-Toolkit-Knowledge-Competency.pdf](#)
 - Return demonstration competency [MDRO-Toolkit-Return-Demonstration-Competency.pdf](#)
- ❖ Print and review the educator script. Adjust the delivery style to suit you and the audience. [MDRO-Toolkit-Educator-Script-1.pdf](#)
- ❖ Prepare a training space with enough room for PPE demonstration.

During the Session

- ❖ Introduce the purpose: "Everyone has a role in infection prevention."
- ❖ Use the staff handout as your visual anchor for talking points.
- ❖ Encourage questions throughout and validate contributions.
- ❖ Provide examples across departments (e.g., therapy, dietary, nursing).

Optional Demonstration

- ❖ Participants perform hand hygiene with alcohol-based hand sanitizer (ABHS) or with soap and water.
- ❖ Participants simulate donning and doffing a gown and gloves.
- ❖ Ask staff to identify high-touch surfaces in their work areas.
- ❖ Ask staff to review a disinfectant label to determine the contact time needed to properly disinfect surfaces.

End of the Session

- ❖ Administer and grade the knowledge competency (quiz).
- ❖ Use the return demonstration competency form to document observed skills.
- ❖ Provide positive feedback and gentle coaching as needed.
- ❖ Submit attendance and evaluation records, per facility procedures.

Final Reminders

- ❖ **Be supportive and focus on improvement.** This education is meant to empower.
- ❖ **Celebrate effort.** Be encouraging and thank staff for the work they do in keeping residents safe.

Knowledge Check (Quiz) Answers

1. What PPE is required for contact precautions?

- a. **Gloves and gown**
- b. Mask and eye protection
- c. Gloves only

Rationale: Contact precautions require gloves and a gown upon room entry or contact with the patient or their environment.

2. When removing PPE, which item should be removed first?

- a. **Gloves**
- b. Mask
- c. Gown

Rationale: Gloves are considered the most contaminated item of PPE and should be removed first to reduce the risk of self-contamination.

3. *Candida auris* can survive on surfaces for how long under healthcare conditions?

- a. Minutes
- b. Hours
- c. Days
- d. **Weeks**

Rationale: Candida auris can persist on surfaces for weeks, contributing to its ability to spread in healthcare settings.

4. If a disinfectant does not stay wet for the full required contact time, it may not kill all germs on a surface.

- a. **True**
- b. False

Rationale: Disinfectants must remain wet for the full labeled contact time to be effective.

5. When should shared medical equipment (for example, a sit-to-stand lift) be disinfected?

- a. Once a day
- b. Only when visibly soiled
- c. **After every use**

Rationale: Shared equipment must be cleaned and disinfected between each patient use.