

# Acute Care & Outpatient Settings Webinar Series

**August 13, 2025**

NEBRASKA

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DEPT. OF HEALTH AND HUMAN SERVICES



NEBRASKA INFECTION CONTROL ASSESSMENT AND PROMOTION PROGRAM

# Presenters & Panelists & Moderator

## Presenters today:

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Kristin Bertrang, RN, MSN

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## Panelists today:

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Chris Cashatt, BSN, RN, CIC  
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## Moderator today:

Margaret Deacy

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# Questions & Answer Session

- Please use the Q&A box in the webinar platform to type a question to be read aloud.
- If your question is not answered during the webinar, please call (402) 552-2881 Monday – Friday 8:00 am – 4:00 pm CST to speak with one of our Infection Preventionists or e-mail your question to [nebraskaicap@nebraskamed.com](mailto:nebraskaicap@nebraskamed.com)

## Slides & Webinar Recordings Available

- During this webinar, slides are available on the [NE ICAP Acute Care webpage](#)
  - After the webinar, slides and a recording will be posted on the [NE ICAP Past Webinars and Slides webpage](#)



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### Past Webinars and Slides

Acute Care and Outpatient Setting Webinars

# Continuing Education Disclosures

- 1.0 Nursing Contact Hour is awarded for the LIVE viewing of this webinar.
- Nebraska Infection Control Assessment and Promotion Program is approved as a provider of nursing continuing professional development by the Midwest Multistate Division, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.
- To obtain nursing contact hours, you must attend the entire live activity and complete the post-course survey form.
- No relevant financial relationships were identified for any member of the planning committee or any presenter/author of the program content.

# Nebraska Pathogen Watch

Juan Teran, MD  
Medical Director, NE ICAP



# Key Points

- Measles cases are increasing nationwide.
- COVID activity is increasing

# Measles Cases in US: Update as of 8/6/25

- As of August 6, 2025, a total of **1,356** confirmed\* measles cases were reported by 41 jurisdictions+
- There have been **32 outbreaks** (defined as 3 or more related cases) reported in 2025, and 87% of confirmed cases (1,177 of 1,356) are outbreak-associated.
  - *For comparison, 16 outbreaks were reported during 2024 and 69% of cases (198 of 285) were outbreak-associated.*

+ Alaska, Arkansas, Arizona, California, Colorado, Florida, Georgia, Hawaii, Illinois, Indiana, Iowa, Kansas, Kentucky, Louisiana, Maryland, Michigan, Minnesota, Missouri, Montana, **Nebraska**, New Jersey, New Mexico, New York City, New York State, North Carolina, North Dakota, Ohio, Oklahoma, Oregon, Pennsylvania, Rhode Island, South Carolina, South Dakota, Tennessee, Texas, Utah, Vermont, Virginia, Washington, Wisconsin, and Wyoming

<https://www.cdc.gov/measles/data-research/index.html>

# Measles Cases in US: Update as of 8/6/25

## U.S. Cases in 2025

Total cases

**1356**

### Age

Under 5 years: **386 (28%)**

5-19 years: **501 (37%)**

20+ years: **462 (34%)**

Age unknown: **7 (1%)**

### Vaccination Status

Unvaccinated or Unknown: **92%**

One MMR dose: **4%**

Two MMR doses: **4%**

## U.S. Hospitalizations in 2025

**13%**

13% of cases hospitalized (171 of 1356).

### Percent of Age Group Hospitalized

Under 5 years: **21% (82 of 386)**

5-19 years: **8% (40 of 501)**

20+ years: **11% (49 of 462)**

Age unknown: **0% (0 of 7)**

## U.S. Deaths in 2025

**3**

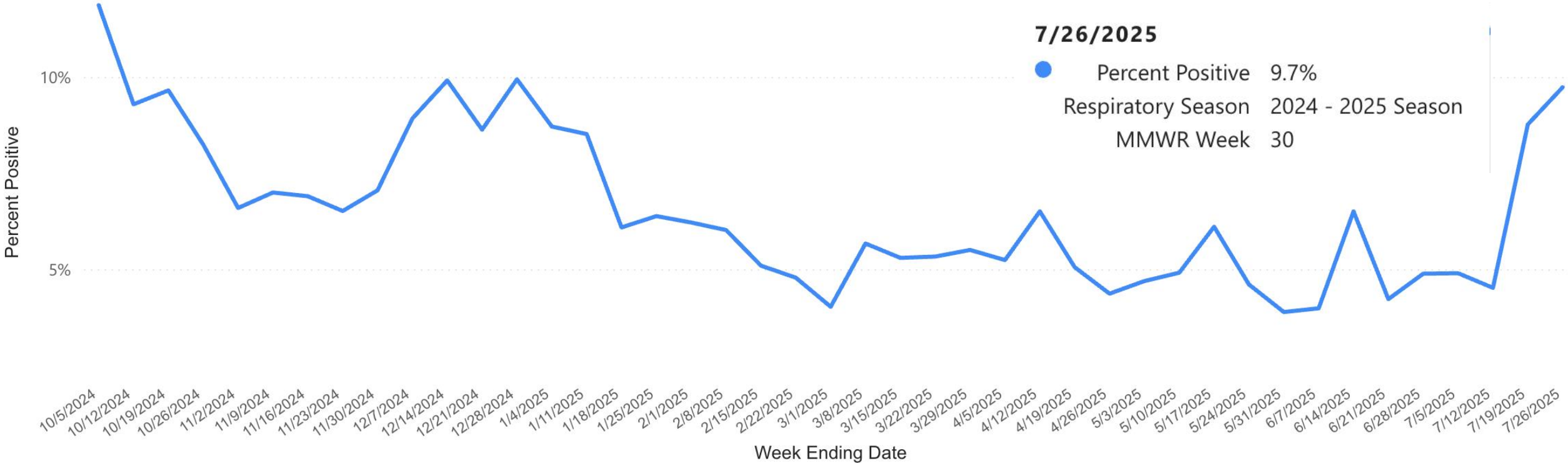
There have been 3 confirmed deaths from measles.

<https://www.cdc.gov/measles/data-research/index.html>



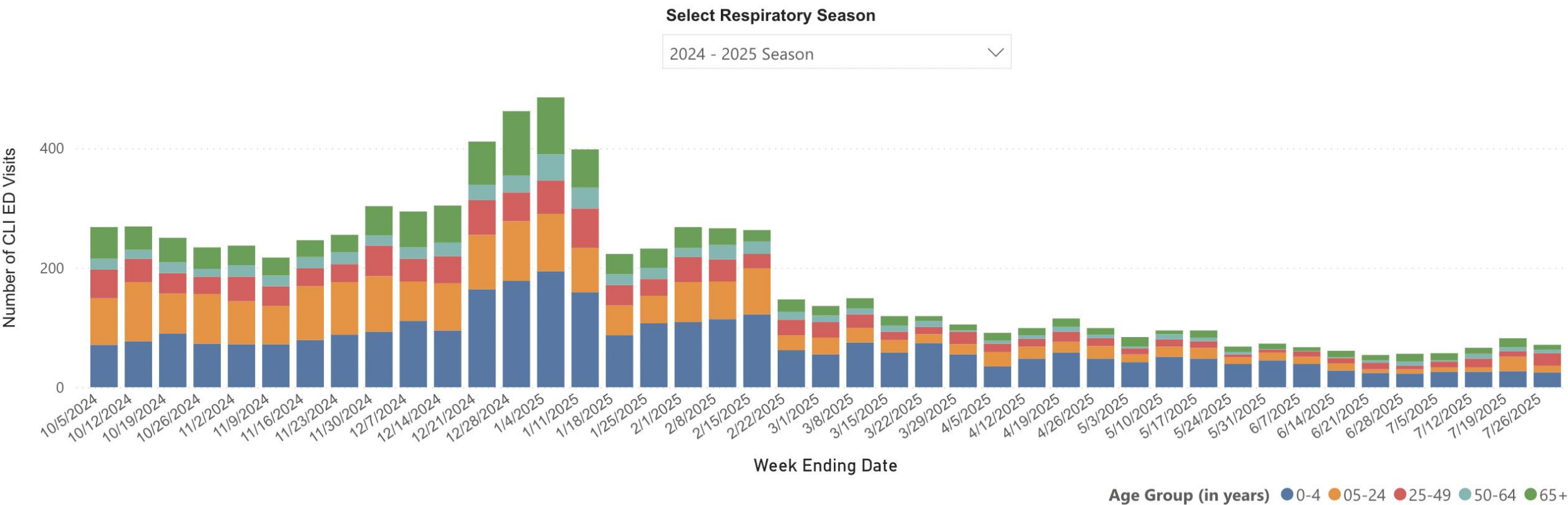
# Covid-19 NE DHHS Report

COVID-19 Percent Positive, by Week Ending Date  
State of Nebraska, 2024 - 2025 Season

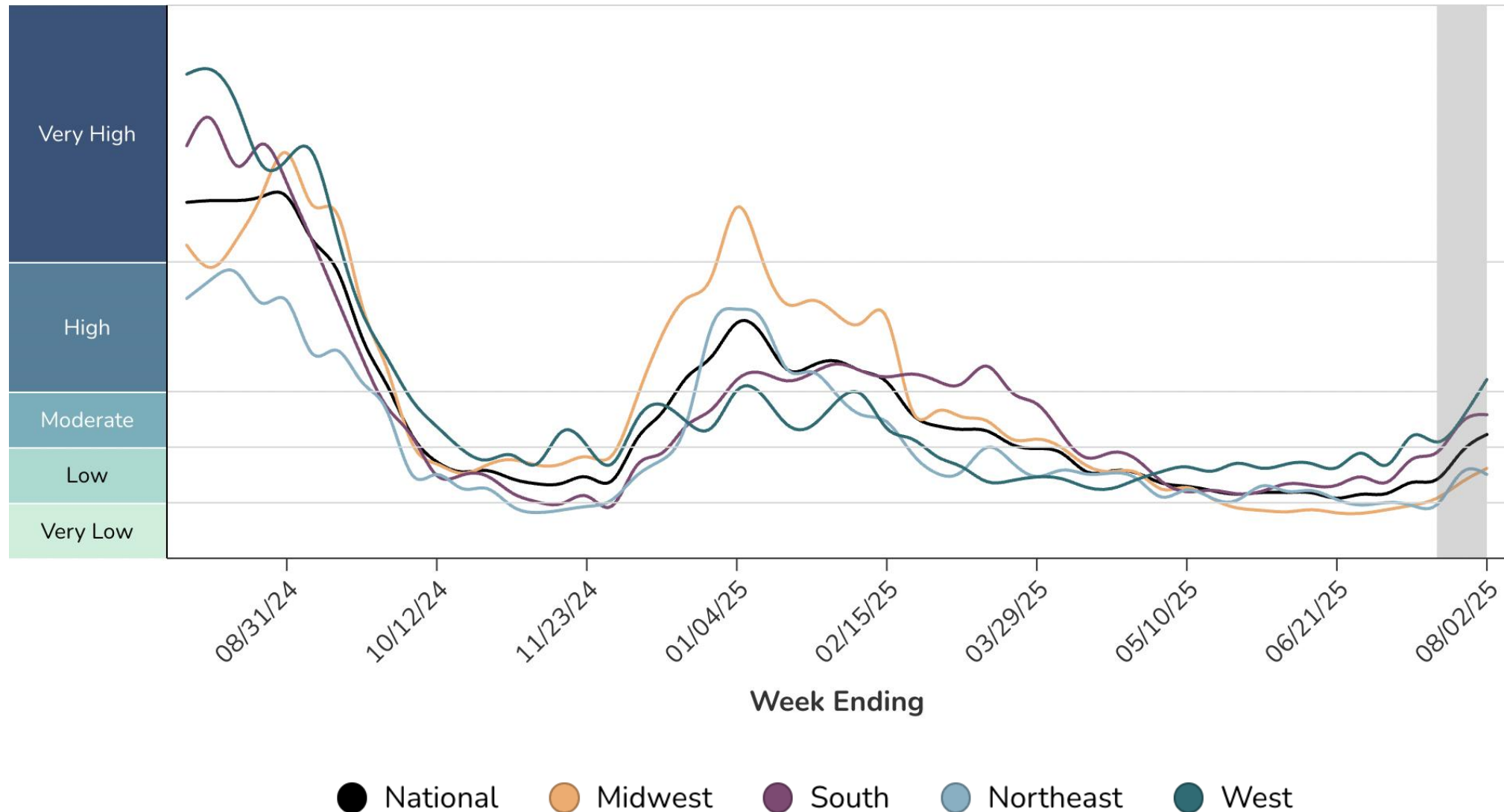


# Covid-19 NE DHHS Report

Number of Influenza-like Illness (ILI) Emergency Department (ED) Visits by Age Group, by Week Ending Date, State of Nebraska, 2024 - 2025 Season



# Covid Wastewater Data



# Typical and atypical patient case scenarios and investigations

Juan Teran, MD  
Medical Director, NE ICAP



# Clinical case

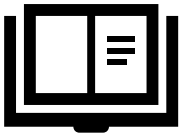
- You are the IP at a small hospital in rural Nebraska. In addition to your infection prevention and control (IPC) responsibilities, you also manage aspects of employee health and contribute to the development of the annual IPC training.
- During the onboarding of a new nurse aide, they ask about the risk of developing tuberculosis as a healthcare worker. Specifically, they want to know how often you see latent and active tuberculosis in healthcare workers.
- **Select the correct answer:**
  - A. The risk is similar to that of the general population
  - B. The odds of latent tuberculosis are 5 times higher among healthcare workers than in the general population
  - C. The odds of developing latent tuberculosis are 70% higher than in the general population
  - D. There are no cases of active tuberculosis among healthcare workers

# Risk among healthcare workers



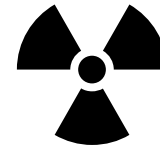
## Meta analysis

8 studies Asia, 5 Africa, 4 Europe, 3 South America



## 21 Studies

12 Latent TB  
8 Active TB  
1 Both

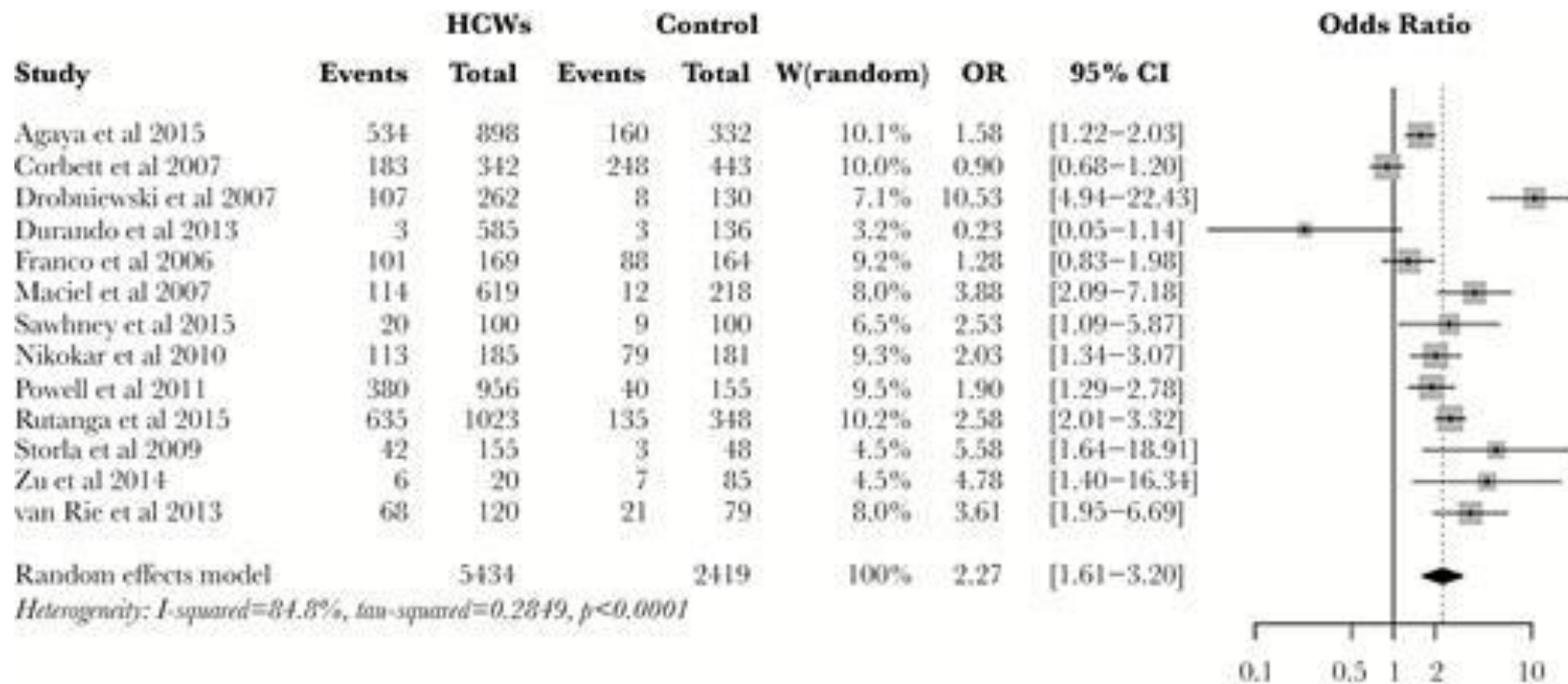


4 Studies investigated HCW with high exposure to TB

Controls included school workers, nonmedical students, administrative employees, and general population data

Uden et al., Risk of Tuberculosis Infection and Disease for Health Care Workers: An Updated Meta-Analysis, *Open Forum Infectious Diseases*, Volume 4, Issue 3, Summer 2017, ofx137

# Latent TB

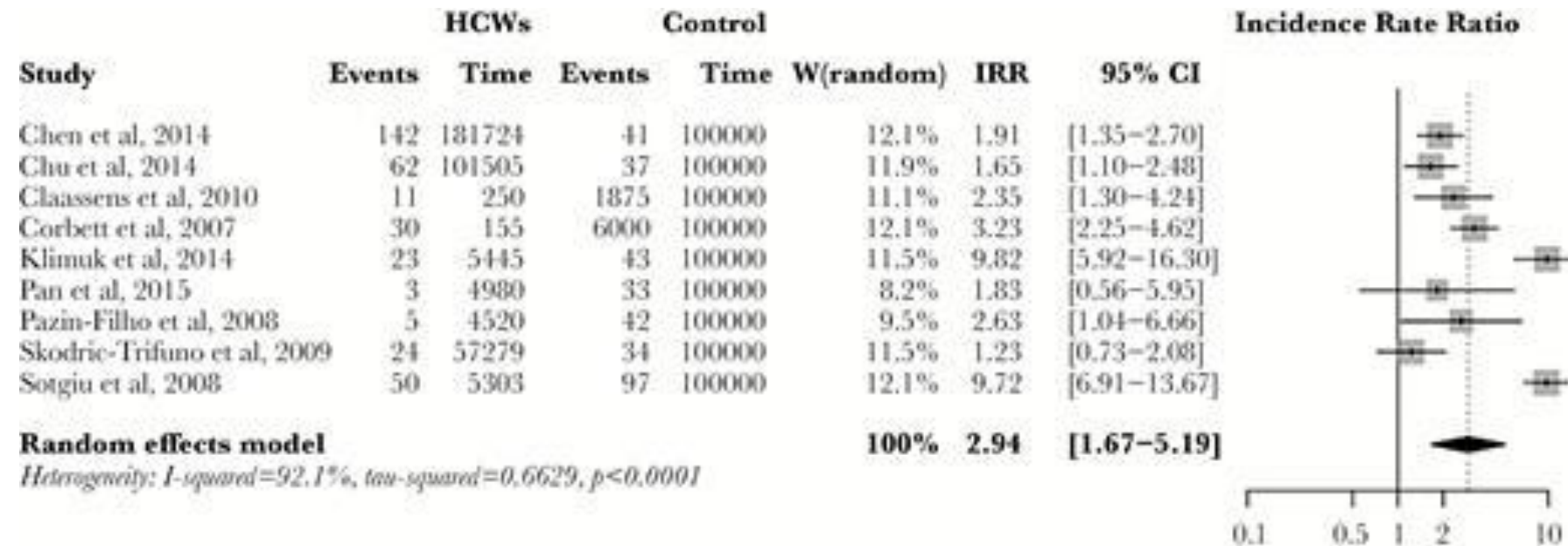


- Pooled prevalence was 37%
- Estimates ranged from 0.5 - 62%
- OR: 2.27 for high TB burden countries
- OR: **1.74** for low TB burden countries

Uden et al., Risk of Tuberculosis Infection and Disease for Health Care Workers: An Updated Meta-Analysis, *Open Forum Infectious Diseases*, Volume 4, Issue 3, Summer 2017, ofx137



# Active TB






- Pooled incidence is 97/100,000 person-year
- Range is 42 – 4,393/100,000 py
- IRR: 2.09 for LMICs
- OR: 1.66 for non-LMICs

Uden et al., Risk of Tuberculosis Infection and Disease for Health Care Workers: An Updated Meta-Analysis, *Open Forum Infectious Diseases*, Volume 4, Issue 3, Summer 2017, ofx137



# Clinical Case

- You begin an investigation after a patient is diagnosed with tuberculosis.
- The patient is a 48-year-old woman who was admitted with pneumonia. She was initially treated for community-acquired pneumonia, but on hospital day 6, a CT scan revealed a cavitary lesion in the right upper lobe. Further history revealed she had lived in the Marshall Islands for five years. Sputum testing was positive for *M. tuberculosis* by smear and culture.
- One of your floor nurses is identified as a close contact. She is immunocompetent, US-born, and has no symptoms of active TB. Her chest X-ray is normal. She undergoes a tuberculin skin test (TST) showing 6 mm of induration. Her baseline TST at hire two years ago showed 0 mm induration.
- **How should you interpret this TST result?**
  - A. Negative: she is immunocompetent and US-born
  - B. Negative: there is < 10 mm increase from her baseline TST
  - C. Positive: any increase in TST induration is positive
  - D. Positive: she is a close contact to a TB patient

 <b>5 or more millimeters</b>	 <b>10 or more millimeters</b>	 <b>15 or more millimeters</b>
<p>An induration of <b>5 or more millimeters</b> is considered positive for</p> <ul style="list-style-type: none"> <li>• People living with HIV</li> <li>• Recent contacts of people with infectious TB disease</li> <li>• People who have fibrotic changes on a chest radiograph</li> <li>• Patients with organ transplants</li> <li>• Other immunosuppressed patients (e.g., patients on prolonged therapy with corticosteroids equivalent to/ greater than 15 mg per day of prednisone or those taking TNF-<math>\alpha</math> antagonists)</li> </ul>	<p>An induration of <b>10 or more millimeters</b> is considered positive for</p> <ul style="list-style-type: none"> <li>• People born in countries where TB disease is common, including Mexico, the Philippines, Vietnam, India, China, Haiti, and Guatemala</li> <li>• People who abuse drugs or alcohol</li> <li>• Mycobacteriology laboratory workers</li> <li>• People who live or work in high-risk congregate settings (e.g., nursing homes, homeless shelters, or correctional facilities)</li> <li>• People with certain medical conditions that place them at high risk for TB (e.g., silicosis, diabetes mellitus, severe kidney disease, certain types of cancer, or certain intestinal conditions)</li> <li>• People with a low body weight (&lt;90% of ideal body weight)</li> <li>• Children younger than 5 years of age</li> <li>• Infants, children, and adolescents exposed to adults in high-risk categories</li> </ul>	<p>An induration of <b>15 or more millimeters</b> is considered positive for</p> <ul style="list-style-type: none"> <li>• People with no known risk factors for TB</li> </ul>

# Test Choice

TB blood tests are the preferred method of testing for:

- Groups of people who might be less likely to return for TST reading and interpretation (e.g., homeless persons or drug users).
- People who have received the bacille Calmette-Guérin (BCG) vaccine.
- People who are likely to be infected with *M. tuberculosis* and are at a low to intermediate risk of progression to TB disease.
- People who are unlikely to be infected with *M. tuberculosis* (note: persons who are unlikely to be infected generally should not be tested for TB; a confirmatory test is recommended if the initial test is positive in those unlikely to be infected).

# Clinical Case

- A 58-year-old man from Pakistan who recently immigrated to the US is admitted to your hospital. He has experienced 25 lbs of unintentional weight loss, night sweats, fatigue, and a nonproductive cough. Chest X-ray shows fibrotic changes in the apices. Six months ago, he started infliximab (Remicade) for rheumatoid arthritis. He has a 40-pack-year smoking history.
- The primary team calls requesting to discontinue airborne precautions after three sputum samples are negative for *AFB* by smear.
- **Question:**  
What is the most appropriate next step?
  - A. Remove the patient from airborne precautions: three AFB smears are negative.
  - B. Remove the patient from airborne precautions: most likely lung cancer.
  - C. Continue airborne precautions: clinical suspicion for TB remains high.

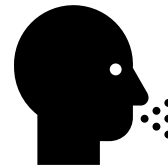
# Smear-negative TB



Study from the  
Netherlands  
All culture-confirmed TB  
cases from 1996 -2004



M. Tuberculosis isolates  
that had 100% identical  
DNA fingerprints were  
clustered



13,067 Patients with TB

7,438 matched database

3,696 patients in a cluster  
of  $\geq 2$

1,285 cases in 394  
clusters that started after  
1996

# Results

- Patients with smear-negative pulmonary TB cause **12.6%** of the TB transmission in the Netherlands
- Smear-negative TB had a relative transmission rate of **0.24** (95% CI, 0.20–0.30). This means that patients with smear-negative pulmonary TB were only 0.24 times as likely to spread TB as patients with smear-positive pulmonary TB
- Secondary cases in clusters with an index patient with smear-negative TB were more likely to have smear-negative TB (OR, 1.86; 95% CI, 1.18–2.93) and were more frequently >55 years of age (OR, 1.87; 95% CI, 1.16–3.00)

# Clinical case

- A 78-year-old woman born in Fremont, Nebraska, with no history of travel, is admitted to your hospital. She has severe reflux, weighs 110 lbs (BMI 17), and is a never-smoker. She reports a chronic productive cough, malaise, and 20 lbs of unintentional weight loss over the past year. Previously an avid hiker, she now develops shortness of breath after walking two blocks. CT scan shows multiple nodules and some cavitary lesions.
- The primary team is concerned for tuberculosis. Three sputum samples were sent: two were AFB smear-positive, cultures are pending, and MTB/RIF Xpert is negative. She is currently in airborne isolation.
- **Question:**  
What is the most appropriate recommendation for isolation?
  - A. Continue isolation until the patient has received at least 10 days of anti-tuberculosis medication
  - B. Continue isolation since cultures are pending
  - C. Remove isolation precautions since the patient is US-born
  - D. Remove isolation precautions since the organism is unlikely to be contagious

# Non-tuberculous mycobacteria

Infection/Condition	Type of Precaution	Duration of Precaution	Precautions/Comments
Mycobacteria, nontuberculosis (atypical)		Not transmitted person-to-person.	
Mycobacteria, nontuberculosis (atypical)	Pulmonary	Standard	
Mycobacteria, nontuberculosis (atypical)	Wound	Standard	



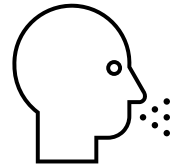
# PCR testing



27 Studies with 9557 participants



59% from LMICs



As an initial test to replace smear:  
Sensitivity: 89% Specificity: 99%



If smear negative:  
Sensitivity: 67% Specificity: 99%



If smear positive:  
Sensitivity: 98% Specificity: 99%

# Clinical case

A 17-year-old Latino male emigrated from El Salvador to the U.S. in 2020. He presents to your hospital with malaise, fever, cough, shortness of breath, and a chest X-ray showing apical lesions. He works on a cattle ranch and occasionally drinks unpasteurized milk. Outpatient workup revealed a sputum culture positive for *Mycobacterium tuberculosis* complex, susceptible to isoniazid and rifampin but resistant to pyrazinamide.

Your astute laboratory director suspects *Mycobacterium bovis*.

- **Question:**

What is the most appropriate recommendation for infection control?

- A. Continue isolation since the culture showed *M. tuberculosis*
- B. Remove isolation since *Mycobacterium bovis* is not transmissible from person to person
- C. Continue isolation, as *Mycobacterium bovis* behaves identically to *M. tuberculosis*
- D. Remove isolation, given that CDC Appendix A says no isolation is needed for non-tuberculous mycobacteria

# Mycobacterium bovis

## Possible Airborne Person-to-Person Transmission of *Mycobacterium bovis* — Nebraska 2014–2015

Weekly / March 4, 2016 / 65(8);197–201

[Print](#)

Bryan F. Buss, DVM<sup>1,2</sup>; Alison Keyser-Metobo, MPH<sup>2</sup>; Julie Rother<sup>3</sup>; Laura Holtz<sup>4</sup>; Kristin Gall, MSN<sup>2</sup>; John Jereb, MD<sup>5</sup>; Caitlin N. Murphy, PhD<sup>6</sup>; Peter C. Iwen, PhD<sup>6,7</sup>; Suelee Robbe-Austerman, DVM<sup>8</sup>; Melissa A. Holcomb, DVM<sup>2</sup>; Pat Infield<sup>2</sup> ([VIEW AUTHOR AFFILIATIONS](#))

# Tuberculosis (TB) Screening, Testing and Treatment of U.S. Health Care Personnel

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Kristin Bertrang, RN, MSN  
DHHS Tuberculosis Program  
August 13, 2025

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# Nebraska TB Updates

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- 41 cases (2024)
- Kansas City, Kansas TB outbreak
- U.S reported 10,347 cases (3.0) cases per 100,000
  - Increase 8% case counts from 2023-2024

## Two dead, dozens sickened in Kansas tuberculosis outbreak

By Jacqueline Howard, CNN

🕒 4 min read · Updated 6:46 PM EST, Tue January 28, 2025

Provisional 2024 Tuberculosis Data, United States. Centers for Disease Control and Prevention.

Accessed from [Provisional 2024 Tuberculosis Data, United States | Tuberculosis Data | CDC](#) on August 4, 2025.

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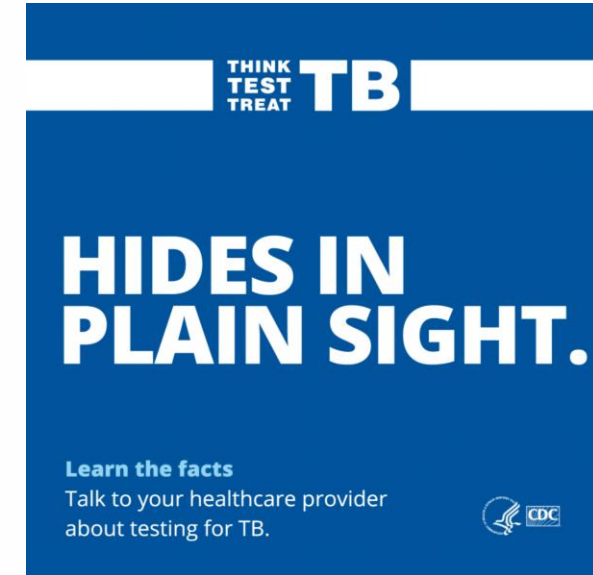
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# Baseline (preplacement screening and testing)

- All U.S. health care workers baseline TB screening
  - Includes individual risk assessment (new)
  - Symptom evaluation
  - Test (TST or IGRA)



Tuberculosis Screening, Testing and Treatment of U.S. Health Care Personnel: Recommendations from the National Tuberculosis Controllers Association and CDC, 2019. U.S Department of Health and Human Services/Centers for Disease Control and Prevention. MMWR. May 17, 2019. Vol 68. No.19

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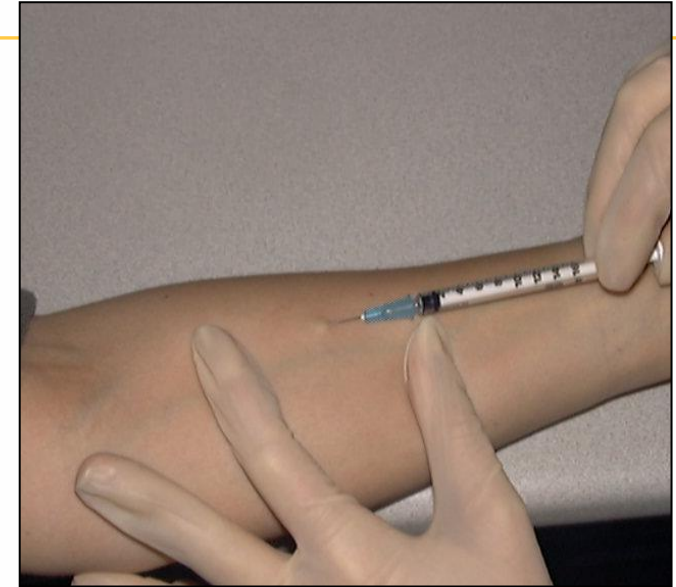
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# Tuberculin Skin Testing

- Inexpensive
- Anergy
- BCG vaccine
- Subjective
- Recent infection
- Improper storage, administration
- Repeat visit
- Boosting



Testing for Latent Tuberculosis. Mayo Center for TB Excellence, 2025.

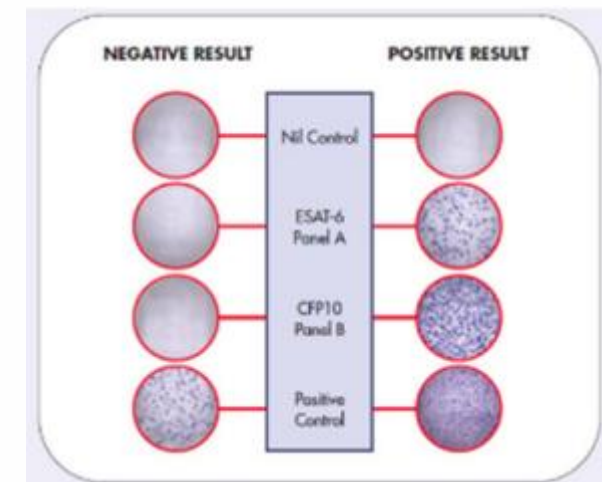
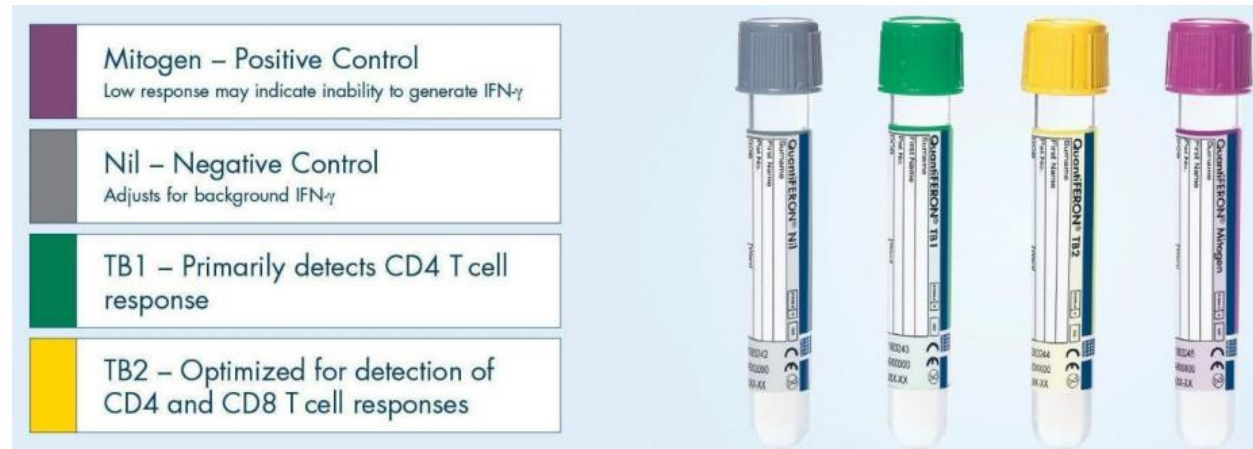
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# Interferon Gamma Release Assays (IGRAs)



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# IGRA Testing

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## Advantages

- Cost
- Quantitative result
- Greater sensitivity and specificity (not affected by BCG or most nontuberculous mycobacteria)
- Usually reported within 36-48 hours
- No boosting

Testing for Latent Tuberculosis. Mayo Center for TB Excellence, 2025.

## Disadvantages

- Cost?
- Timely processing
- Indeterminates and borderline results
- Live Virus Vaccines

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# Individual Risk Assessment

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- Temporary or permanent residency (for greater than one month) in a country with a high TB rate (i.e. any country other than Australia, Canada, New Zealand, the United States, and those in western or northern Europe)

Or

- Current or planned immunosuppression, including human immunodeficiency virus infection, recipient of an organ transplant, treatment with a TNF alpha antagonist (e.g., infliximab, etanercept, or other), chronic steroids or other immunosuppressive medication

Or

- Close contact with someone who has had infectious TB disease since the last TB test

Tuberculosis Screening, Testing and Treatment of U.S. Health Care Personnel: Recommendations from the National Tuberculosis Controllers Association and CDC, 2019. U.S. Department of Health and Human Services/Centers for Disease Control and Prevention. MMWR. May 17, 2019. Vol 68. No.19

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# Postexposure Screening and Testing

- Symptom evaluation for all health care workers when an exposure occurs
- Test following last exposure
- Repeat 8-10 weeks post exposure
- Local Public Health Department partnership



Tuberculosis Screening, Testing and Treatment of U.S. Health Care Personnel: Recommendations from the National Tuberculosis Controllers

Association and CDC, 2019. U.S Department of Health and Human Services/Centers for Disease Control and Prevention. MMWR. May 17, 2019. Vol 68. No.19

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# Serial Screening and testing

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- Not routinely recommended except for selected health care workers
- Annual TB education for all health care workers, including TB exposure risks
  - Emphasis on exposure risks
- Treatment is encouraged for all health care workers with untreated LTBI, unless medically contraindicated.

Tuberculosis Screening, Testing and Treatment of U.S. Health Care Personnel: Recommendations from the National Tuberculosis Controllers Association and CDC, 2019. U.S. Department of Health and Human Services/Centers for Disease Control and Prevention. MMWR. May 17, 2019. Vol 68. No.19

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# Health Care Personnel with newly Positive Results

- Symptom evaluation
  - Chest radiograph to assess for disease
  - Additional workup based upon findings
  - Health care workers with prior positive TB test and documented normal chest radiograph do not require repeat radiograph unless
    - Symptomatic
    - Starting LTBI treatment
- \*notify Local Public Health Department immediately if TB disease suspected

Tuberculosis Screening, Testing and Treatment of U.S. Health Care Personnel: Recommendations from the National Tuberculosis Controllers Association and CDC, 2019. U.S. Department of Health and Human Services/Centers for Disease Control and Prevention. MMWR. May 17, 2019. Vol 68. No.19

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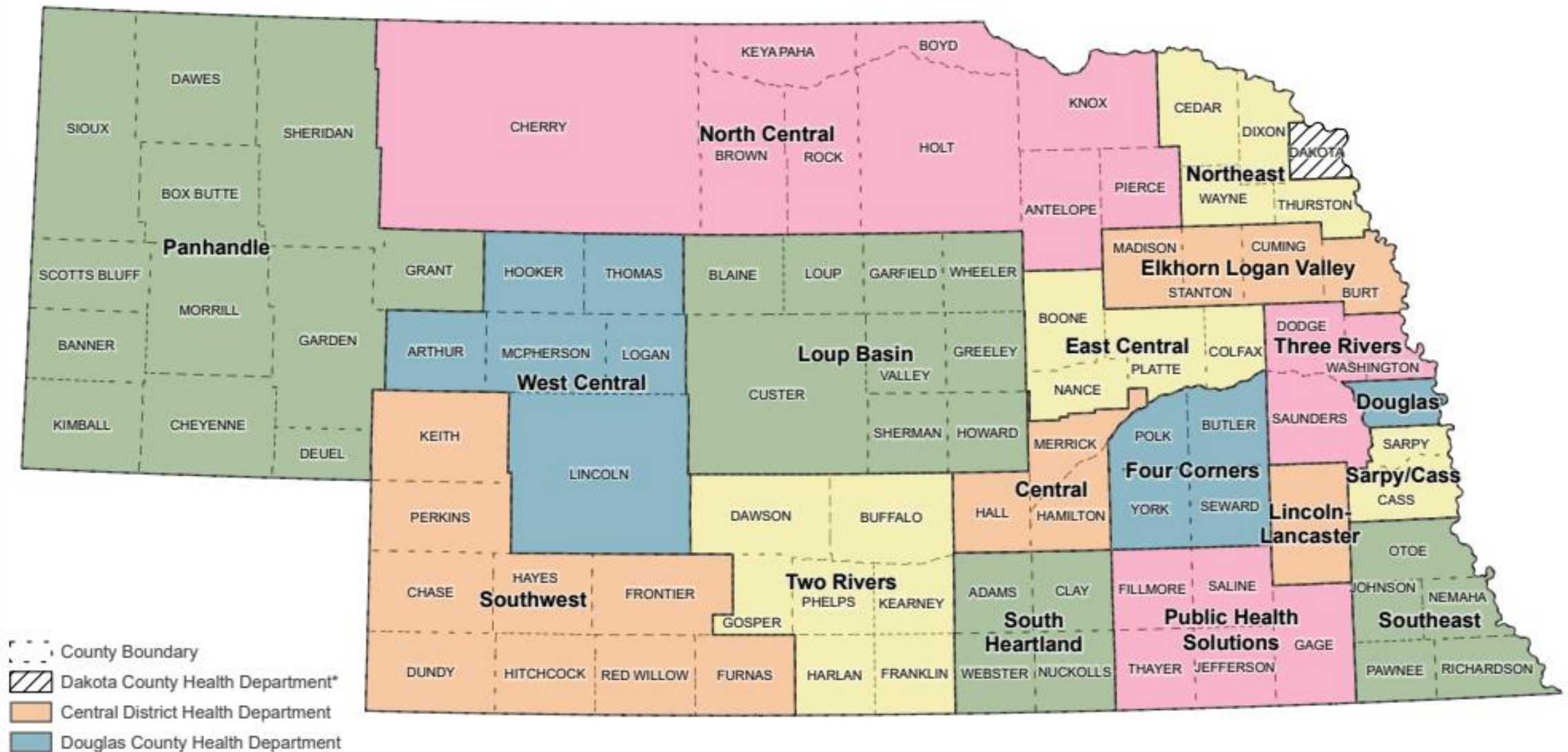
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# Nebraska Local Health Departments

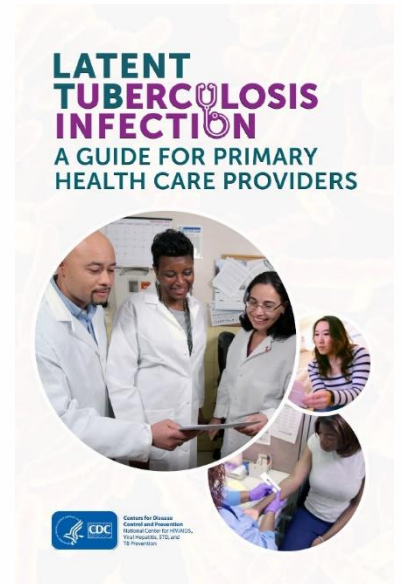


# Treatment Options

- Health care workers with LTBI and no prior treatment should be offered and encouraged to complete
- Health care workers who do not complete LTBI treatment should be monitored with annual symptom evaluation and reevaluate risk and benefits of LTBI treatment

Tuberculosis Screening, Testing and Treatment of U.S. Health Care Personnel: Recommendations from the National Tuberculosis Controllers Association and CDC, 2019. U.S Department of Health and Human Services/Centers for Disease Control and Prevention.

MMWR. May 17, 2019. Vol 68. No.19



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# LTBI Medication Options

- Isoniazid and Rifapentine
- Rifampin
- Isoniazid and Rifampin
- Isoniazid (6 months or 9 months)
- Cost Issues



Latent Tuberculosis Infection: A Guide for Primary Health Care Providers. Centers for Disease Control and Prevention. Accessed <https://www.cdc.gov/tb/media/pdfs/Latent-TB-Infection-A-Guide-for-Primary-Health-Care-Providers.pdf> on August 5, 2025.

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Nebraska  
Department of Health  
and Human Services



Nebraska DHHS



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# Questions & Answer Session

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### Past Webinars and Slides

Acute Care and Outpatient Setting Webinars

# Misc. Updates & Upcoming Educational Opportunities

Rebecca Martinez, BSN, BA, RN, CIC  
Infection Preventionist, NE ICAP



# The NICN and APIC NE Symposium: 45 Years of Progress: Advancing Infection Prevention and Control Together



Nebraska Infection  
Control Network



## Friday, August 29, 2025

8:00 AM to 3:15 PM

The Holland Center, Omaha, NE 68102

### NICN APIC Nebraska Symposium Registration



- ☐ Future of Infection Prevention: Dr. Gonzalo Bearman
- ☐ Leadership Development & Influencing Change: Dr. Hilary Babcock
- ☐ Vaccination Promotion: Dr. Peter Hotez (presenting remotely)
- ☐ Track 1: Infection Prevention and Control Updates for the Post-Acute and Long-Term Care Settings: Dr. M. Salman Ashraf
- ☐ Track 2: Vascular Access Related Infection Prevention and Management/Preventative Technology: Barb Nickel
- ☐ MDRO in Animals: Stephen Cole
- ☐ How to Interact with the Media and Art of Communication: Cathy Wyatt

**Engaging and informative workshop dedicated to IPC in all healthcare settings.**

**Featuring expert speakers and interactive discussion on infection prevention strategies, leadership development, vaccination promotion, and media interaction skills.**

# Dental Infection Control Summit



**Friday, October 10, 2025**

8:00 AM to 3:00 PM

Lied Lodge at Arbor Day Farms

Great Plains Rooms (2<sup>nd</sup> Level)

2700 Sylvan Rd

Nebraska City, NE 68410

**6 CE  
Hours**

## MORNING: Basic Infection Control in the Dental Setting:

Introduction to essential infection control practices in the dental setting including standard and transmission-based precautions, environmental cleaning and disinfection, sharps safety, instrument reprocessing, and dental unit water lines.

## AFTERNOON OPTION A: Employee Safety in Dentistry and Antibiotic Prescribing in the Dental Setting:

Introduction to OSHA's employee safety requirements and antibiotic prescribing guidelines surrounding pain and swelling and antibiotic prophylaxis in the dental setting.

AFTERNOON OPTION B: Sterile Technique in the Dental Setting (interactive):  
Learn how to identify when a sterile field is necessary in addition to managing the sterile field to ensure patient safety.



**Nebraska Infection Control Network**  
985400 Nebraska Medical Center  
Omaha NE 68198-5400  
Phone: (402) 559-8668



**UNMC**

COLLEGE  
OF DENTISTRY

[Registration Link](#)



# 2 Newer Items Added to the NE ICAP / ASAP Learning Center



## Learning Center

ICAP/ ASAP Education on Your Own Time

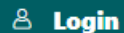


## Courses

Thank you for exploring the courses Nebraska ICAP/ ASAP have to offer. All users must be registered to take a course with Nebraska ICAP/ ASAP.

**New users:** Please click on the "Registration" tab at the top of the page to create an account.

**Registered users:** Login below or you will be asked to login when you select a course.



Login

<https://icapasaplearning.nebraskamed.com/>

1 CE Available

### Safe Injection Practices & Drug Diversion Awareness:

Training for Front-Line Healthcare Personnel for Safe Healthcare Delivery

Rebecca Martinez, BSN, BA, RN, CIC  
Infection Preventionist, NE ICAP

The NE ICAP logo, consisting of a red shield with a white 'NE' and the text 'ICAP' in white.

## Safe Injection Practices and Drug Diversion Awareness

Safe Injection Practices and Drug Diversion Awareness. This course is worth 1.0 CE Credits.

Enroll Now

Centers for Disease Control and Prevention  
for Emerging and Zoonotic Infectious Diseases

The CDC logo, featuring a blue shield with a white 'CDC' and a stylized figure.

NEW

## Hemodialysis Water Wisdom

Stephanie Booth, MPH, CIC

Chenega Enterprise Systems and Solutions (CHES)  
Dialysis Safety Team  
Division of Healthcare Quality Promotion  
Centers for Disease Control and Prevention

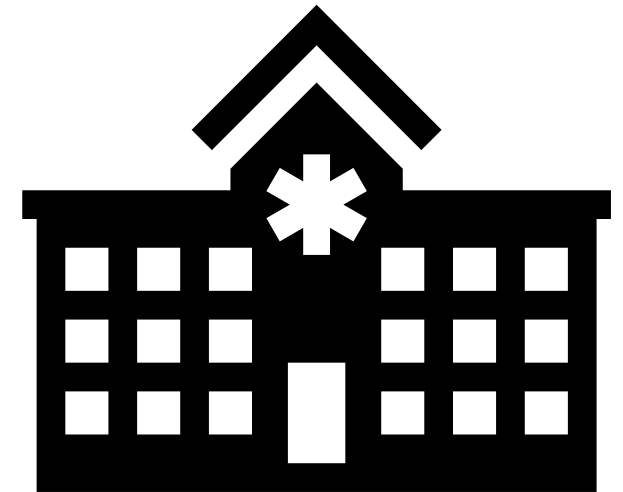
## Hemodialysis Water Wisdom

Hemodialysis Water Wisdom

Enroll Now

# Infection Control Assessment & Response (ICAR) Visits

- On-site infection control assessment and response visits are available. Can be general or focused including the following:
  - Surgical Site Infection (SSI) Prevention
  - Device Reprocessing
  - Water Management Program
  - Among other domains, it will be tailored to your facility

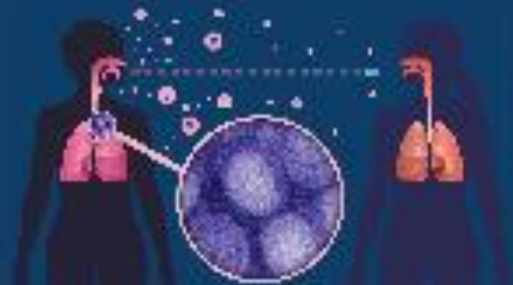




# GERMS CAN LIVE IN THE RESPIRATORY SYSTEM.

## WHERE IS THE RISK?

Know where germs live to stop spread and protect patients



- When an infected person talks, breathes, sneezes, or coughs, they produce respiratory droplets that could spread germs.
- Germs are more likely to spread in places with poor ventilation or lots of people.
- When people touch their faces, respiratory germs on their hands can end up in their eyes, nose, or mouth and cause an infection.

### Bacteria and Viruses Can Live in the:

- Mouth
- Throat
- Airway
- Lungs

### Healthcare Tasks Involving the Respiratory System

- Aerosol-generating procedures (AGPs), such as intubation and extubation
- Activities with close interaction within an enclosed space, such as talking or examining a patient's throat

### Infection Control Actions to Reduce Risk

- Screening and triage
- Use of personal protective equipment
- Source control
- Maintaining good ventilation
- Hand hygiene
- Cleaning and disinfection of shared equipment

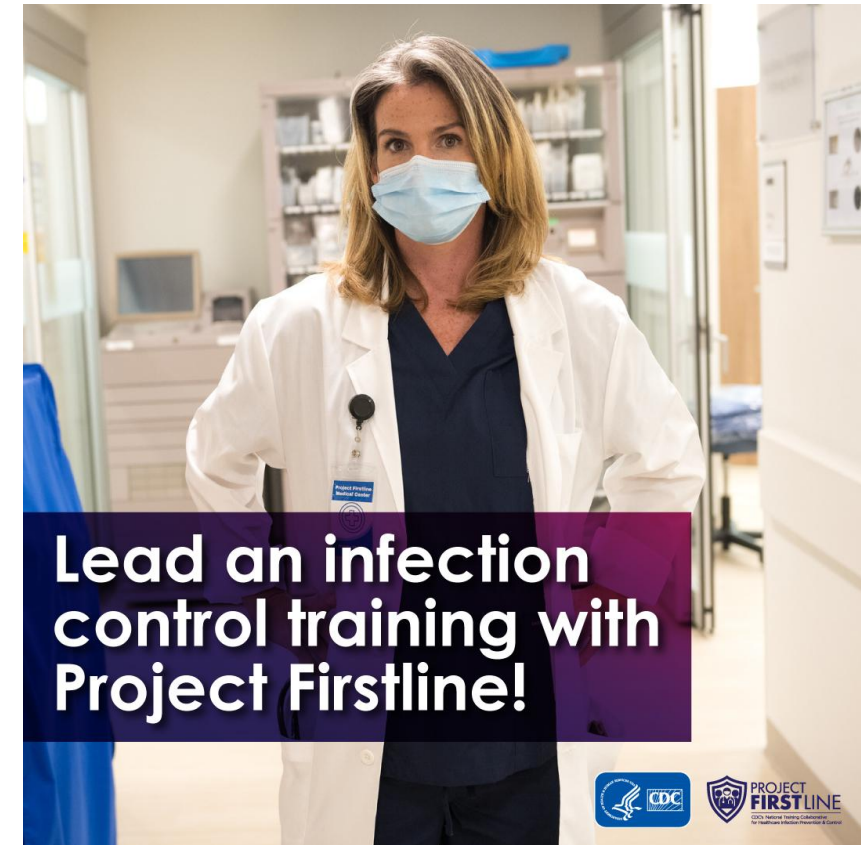


U.S. Department of Health and Human Services  
Centers for Disease Control and Prevention



[WWW.CDC.GOV/PROJECTFIRSTLINE](http://WWW.CDC.GOV/PROJECTFIRSTLINE)

# CDC's Project Firstline: Resource Highlight



**Lead an infection control training with Project Firstline!**



Image Courtesy of CDC

CDC Project Firstline -  
Respiratory System

**NE ICAP**



# VENTILATION IN HEALTHCARE SETTINGS

In healthcare settings, ventilation is important because it helps remove things from the air that we don't want to breathe in – like small virus particles. Good ventilation improves air quality and reduces the risk of germs spreading.

## WHAT TO KNOW



### Understand what an air change is and why recommended air changes per hour are important in healthcare.

- An air change means the air in a room is replaced with new air.
- Air changes are usually measured by the hour – air changes per hour (ACH).
- In healthcare facilities, nearly every type of room has a recommended number of ACHs to help reduce the risk of germs spreading among patients and staff.



### Respect wait times to allow the air in rooms to clear.

- The infection prevention or clinical leaders in your area, like your nurse manager, will use the ACH to figure out how long a room should sit empty after a patient with a possible or confirmed respiratory infection has left.
- It is okay to enter a room before the air is completely cleared, including while the patient is still there, if you use the recommended personal protective equipment (PPE).



### Ask before making changes to the ventilation in a room.

- Rooms are often connected in healthcare facilities.
- Making a change to the ventilation in one room – like opening a window or closing vents to adjust temperature – can change the ventilation in other places, too.
- That's why it's important to talk to the person or team at your facility that is responsible for maintaining air filtration and ventilation if you have concerns about the ventilation in a room.



### Make sure vents are not blocked.

- A blocked vent could prevent the ventilation system from functioning like it is supposed to.

# CDC's Project Firstline: Resource Highlight



[CDC Project Firstline Ventilation in Healthcare Settings Factsheet](#)

[Image Courtesy of CDC](#)



U.S. Department of  
Health and Human Services  
Centers for Disease  
Control and Prevention



[cdc.gov/ProjectFirstline](https://cdc.gov/ProjectFirstline)

NCEZID-PFLT-9/9/21

[CDC Project Firstline -  
Ventilation Factsheet](#)



# Join Us - Upcoming NE ICAP Webinars

- September 10, 2025
  - 12:00 – 1:00 PM (CST)
  - Dietary Services & Food Safety: Key Points for Infection Preventionists in Healthcare Settings
- October 8, 2025
  - 12:00 – 1:00 PM (CST)
  - Antibiotic Awareness



**BE  
ANTIBIOTICS  
AWARE**  
SMART USE, BEST CARE

# ICAP Contact Information

**Call 402-552-2881**

**Business Hours** are Monday – Friday  
8:00 AM - 4:00 PM Central Time

Scan the QR Code to be taken to our [NE ICAP Contact Form](#).

You can request to be connected to an  
Infection Preventionist that specializes in your area,  
get added to our setting specific communication list  
for webinar and training invites,  
sign up for newsletters and reminders,  
or request an ICAR review for your facility.



# Webinar CE Process

- **1 Nursing Contact Hour is awarded by Nebraska ICAP**
  - Nebraska Infection Control Assessment and Promotion Program is approved as a provider of nursing continuing professional development by the Midwest Multistate Division, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.
- **CNE Nursing Contact Hours:**
  - Completion of survey is required.
  - The survey must be specific to the individual obtaining credit; (i.e., 2 people cannot be listed on the same survey).
  - Survey functionality is lost on mobile devices.
  - One certificate is issued quarterly for all webinars attended.
  - Certificate comes directly from ICAP via email.